

Steps to Illumination					
God Mind			Carnal Mind		
Cosmic Consciousness <i>Heaven State</i> (Attributes of the Christ)			Mortal Consciousness <i>Hell State</i> (Attributes of the 'little ego')		
	I affirm...	I affirm...	I deny...	I deny...	
1	Absolute God	good	sin	(d)evil	1
2	mind	thought	thoughtlessness	stupidity	2
3	spirit	substance	lifelessness	matter	3
4	principle	law	rebellion	lawlessness	4
5	light	inspiration	superstition	darkness	5
6	life	health	disease	death	6
7	love	compassion	enmity	hatred	7
8	truth	reality	falsehood	error	8
9	wisdom	knowledge	false beliefs	ignorance	9
10	understanding	discrimination	foolishness	idiocy	10
11	order	system	confusion	chaos	11
12	unity	brotherhood	selfishness	separation	12
13	divinity	consecration	profanity	carnality	13
14	eternity	now	fear-of-future	living-in-past	14
15	immortality	indestructibility	destruction	mortality	15
16	universality	impersonality	self-consciousness	egotism	16
17	perfection	at-one-ment	dissatisfaction	incompletion	17
18	will	obedience	indecision	timidity	18
19	joy	happiness	sadness	sorrow	19
20	mercy	forgiveness	unforgiveness	cruelty	20
21	courage	fortitude	dread	cowardice	21
22	faith	trust	worry	fear	22
23	strength	vigor	impotence	frailty	23
24	mastery	dominion	bondage	slavery	24
25	creation	imagination	hallucination	delusion	25
26	power	ability	helplessness	laziness	26
27	purpose	determination	vacillation	obstinacy	27
28	progress	expression	inaction	retrogression	28
29	peace	tranquility	turmoil	strife	29
30	poise	balance	irritability	derangement	30
31	purity	virtue	immodesty	impurity	31
32	patience	non-resistance	resistance	nervousness	32
33	praise	reverence	criticism	condemnation	33
34	abundance	prosperity	poverty	lack	34
35	success	achievement	defeat	failure	35
36	service	labor	idleness	indolence	36
37	sincerity	honesty	dishonesty	deception	37
38	renunciation	humility	false-pride	vanity	38
39	generosity	liberality	jealousy	greed	39
40	gratitude	appreciation	depreciation	ingratitude	40
41	tolerance	patience	bigotry	fanaticism	41
42	confidence	reliance	doubt	suspicion	42
43	beauty	soulfulness	shallowness	ugliness	43
44	security	protection	danger	peril	44
45	individuality	originality	imitation	personality	45
46	zeal	receptivity	indifference	carelessness	46
47	youth	re-creation	deterioration	old-age	47
48	endurance	perseverance	impatience	weakness	48
49	freedom	independence	dependence	subjection	49
50	harmony	concord	contention	discord	50

Steps to Illumination - Worksheet					
God Mind			Carnal Mind		
Cosmic Consciousness <i>Heaven State</i> (Attributes of the Christ)			Mortal Consciousness <i>Hell State</i> (Attributes of the 'little ego')		
	I affirm...	I affirm...	I deny...	I deny...	
1					1
2					2
3					3
4					4
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